

2014 CROSS-COUNTRY SAFETY REGULATIONS

Registration:

1. Competitors must be at least eighteen (18) years of age to register in the following classes: "Professional" and "Sport".
2. Competitors less than eighteen (18) but at least fourteen (14) years of age can register only in the "Junior" class. A participant in this class must provide written consent from a person having parental authority.
3. For a "Junior" class to be officially listed on the day of the competition, there must be at least five (5) registrations. Below that threshold, any riders who have paid registration fees will receive refunds.

Rider's obligations:

4. The rider must:
 - a. behave sportingly on the competition site toward other participants, organizers and officials;
 - b. not consume or be under the influence of alcohol, drugs or doping substances during the competition;
 - c. ride the snowmobile without deliberately getting in the way of, pushing, blocking or cutting-off an opponent;
 - d. not exceed 15 km/h in the pits or staging areas;
 - e. comply with general rules of the competition, instructions from officials and signage in force for the class;
 - f. start the competition with both feet on the snowmobile's running boards;
 - g. wait until the trail is clear before continuing the competition after spinning out or going off trail;
 - h. move the snowmobile off the trail when it stops during the competition;
 - i. ride or push the snowmobile only in the direction of progress of the competition;
 - j. at all times, follow the predetermined trail within the markers installed by officials for the competition; riding half on the snowbank and half on the road is strictly prohibited unless

signage allows it due to hazards or other reasons; any rider who violates this subsection will receive a two (2) minute penalty, which will be added to his or her running time;

k. attend all meetings of riders, including a pit meeting scheduled at 9:30 a.m. on the morning of the competition.

Responsibilities of crew members:

5. Crew members must:

a. comply with the general rules of the competition and instructions from officials;

b. not ride on the trail at the time of the competition, except to remove the snowmobile from the trail; when a mechanical problem occurs on the starting line, the rider may receive assistance with an official's approval.

Mechanical inspection

6. Snowmobiles must be inspected to verify compliance with this regulation at the place provided and designated by the Competition Director.

7. The snowmobile must be on site at 8:00 a.m. The rider or a crew member must be present with the snowmobile for the inspection, with the Technical Director or a member of the organization appointed by the latter.

Starting line:

8. Following the mechanical inspection, for the start to go smoothly, the snowmobile must be moved by the rider or a crew member to the starting line in accordance with the rider's position and class. Failure to move the snowmobile when required will result in the rider having to wait thirty (30) seconds after the departure of his or her line.

9. While the snowmobile is being placed on the starting line, during the pit meeting and at the start, only the rider and one (1) crew member will be tolerated on the trail.

Rider's equipment:

10. The rider must wear:

a. a helmet that complies with the Protective Helmets Regulation, i.e., meets DOT standards;

- b. eye protection (visor or goggles);
- c. ISR-approved upper body protection;
- d. gloves and clothing suitable for the weather;
- e. above-the-ankle boots.

Snowmobile:

11. The snowmobile must be equipped with an automatic safety disconnect (tether) that meets the following criteria:

- a. The maximum tether cord length must be 1.5 m (5 feet) when fully extended.
- b. The tether cord must be securely fastened to the rider. Alligator clips are not allowed.
- c. The tether must not be fastened to the rider's wrist.

12. Brakes must be in good working order at all times.

Penalties:

13. Any participant who violates these regulations is liable to penalties, ejection from the site and disqualification.

14. Any rider who cheats or who does not comply with additional competition instructions from officials is liable to ejection from the site and disqualification.

15. Decisions made by an official and the penalty imposed, if any, are immediately enforceable and shall be final and without appeal.

Officials:

16. Officials of the competition are as follows: Competition Director, Safety Director, Technical Director and Checkpoint Director.

17. Officials must be at least 18 years old.

18. The Competition Director is responsible for running the competition and imposes penalties on riders who violate these regulations.

19. The Safety Director is responsible for event safety for both riders and spectators. He or she oversees all signalers along the trail.

20. The Technical Director is responsible for compliance of the snowmobile and rider equipment.

21. The Checkpoint Director is responsible for course signage and all competition checkpoints. He or she oversees all checkpoint managers, as well as people working at checkpoints.